



Ski Trip Packing Checklist

Essentials

- Passport
- EHIC Card
- Insurance
- Medication
- Camera
- Phone
- Chargers
- Plug adaptors
- Day bag / rucksack
- Suncream and lip balm

Ski Clothing

- Personal helmet (optional)
- Ski Jacket
- Salopettes
- Ski socks
- Ski gloves (thermal / waterproof)
- Thermal tops
- Thermal leggings / skins
- Buff or scarf
- Woolly hat
- Goggles and/or UVA/UVB polarised sunglasses
- Fleece

Other Clothing

- Shoes/boots with sturdy grip/tread
- T shirts
- Hoodies
- Jeans / trousers
- Warm layers
- Underwear
- Regular socks
- Swimwear

Personal Items

- Toiletries
- Travel sickness medication
- Water bottle
- Sunglasses
- Bum bag
- Books / magazines
- Personal spending money
- Notebook, pens & pencils
- Hair styling
- Hair brush